

# greens&veggies

matcha mentality 5.75 | +1.5 green tea matcha, vanilla protein

**greens to go** 6<sup>25</sup> | +1<sup>5</sup> spinach, banana, pineapple, oj, protein

organic supershake 6.75 | +15

organic superfood, banana, vanilla protein, peanut butter

# exoticshakes reg 625 lrg +15

a perfect 10

blueberry, banana, vanilla protein, peanut butter

acai energy acai, banana, vanilla protein, peanut butter

# chocolate covered strawberry strawberry, acai, chocolate protein

breakfast to go

strawberry, pineapple, acai, oj, vanilla protein

mea aloha

pineapple, banana, acai, apple juice, protein

fruitopia

strawberry, banana, acai, apple juice, protein

pink cadillac

pitaya, pineapple, oj, vanilla protein



### scoopedbowls 75

rawcaí

scoops of organic acai, strawberry, topped with granola, banana slices, chia, and coconut flakes

raw-pb

scoops of organic acai, topped with granola, banana slices, dark chocolate, and peanut butter

the buzz bowl

scoops of organic acai, pitaya, pineapple, topped with granola, coconut flakes, and bee pollen

### blendedbowls 75

original acai bowl

organic acai, strawberry, apple juice, protein, topped with granola, coconut flakes, and banana slices

pb&a

organic acai, strawberry, peanut butter. almond milk, protein, topped with granola, dark chocolate, and banana slices

dragon bowl

pitaya, pineapple, oj, vanilla protein, topped with granola, chia, and coconut flakes

any of our products may contain allergens, including peanuts and tree nuts all shakes, bowls, and oatmeals come with organic agave nectar



# **shake**your**smoothie**

choose a liquid | reg 6.25 apple juice | orange juice

choose two fruits

strawberry | banana | blueberry pineapple | acai | pitaya balanced with protein

#### **all**natural**sandwiches**

**peanut butter** 3 on whole wheat thin bread with bananas

almond butter 4

on whole wheat thin bread with bananas

### whollyoatmeal<sub>395</sub>

berries n' cream

oats, strawberry, vanilla greek yogurt

oats, banana slices, peanut butter

toasted coconut cream

oats, coconut flakes, sliced almonds, vanilla greek yogurt

chocolate chip banana bread

oats, banana slices, dark chocolate, cinnamon

(add protein) +5



# craftyourcup

overnight oats 475 soaked in oat milk greek yogurt 4.95 with a hint of vanilla

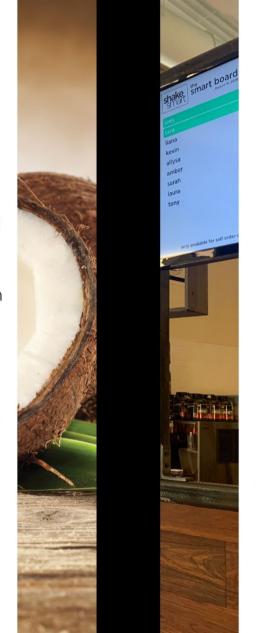
#### choose 4 toppings

banana | blueberry | strawberry | granola cinnamon | bee pollen | cold brew | chia peanut butter | almonds | dark chocolate coconut flakes | vanilla or chocolate protein overnight oats | greek yogurt

cold brew and protein are not available for greek vogurt

# makeityourway

make it a bowl +1
with granola and banana slices on top
almond milk or oat milk +5
instead of low fat/non fat
almond butter +5
for any peanut butter shake
organic plant protein +1
in place of whey protein





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