

# NOODLES



## Yaki Udon

Thick stir-fry noodles in a teriyaki glaze with nappa cabbage, carrots, onion and sesame seeds

Beef	500 Cal.
Chicken	530 Cal.
Chashu Pork	510 Cal.
Tofu	550 Cal.



## Udon

Thick noodles in bonito broth with green onions, fish cake, wakame seaweed

Beef	500 Cal.
Chicken	490 Cal.
Chashu Pork	480 Cal.
Tofu	510 Cal.



## Ramen

Thin noodles in your choice of miso or tonkotsu broth with carrots, shitake mushrooms, green onions, fish cake

	MISO BROTH	TONKOTSU BROTH
Beef	720 Cal.	710 Cal.
Chicken	710 Cal.	690 Cal.
Chashu Pork	700 Cal.	680 Cal.
Tofu	730 Cal.	720 Cal.





## BOWLS

### Donburi

**\$10**

Steamed rice, nappa cabbage, carrots and onions in a teriyaki glaze, garnished with green onions

Beef	530 Cal.
Chicken	520 Cal.
Chashu Pork	510 Cal.
Tofu	540 Cal.



## BENTO BOXES

**\$12**

4 pieces of California rolls, steamed rice, gyoza pork dumpling and mixed salad, with your choice of protein

Beef	590 Cal.
Chicken	570 Cal.
Chashu Pork	570 Cal.
Tofu	600 Cal.



## SIDES

Gyoza Dumplings

**\$5**

Chicken	170 Cal.
Pork	170 Cal.
Veggie	160 Cal.

Miso Soup 

**\$2**

30 Cal.

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request.

 **Vegetarian**



# POKE Bowls | \$13

Each bowl includes avocado, edamame, seaweed salad, sunomono salad,  
**TOPPED with** spicy mayo, teriyaki, crispy onions and sesame seeds



Salmon Poke Bowl†		Tuna Poke Bowl†		Spicy California* Poke Bowl		Spicy Shrimp Poke Bowl		Tofu Poke Bowl	
White Rice	640 Cal.	White Rice	590 Cal.	White Rice	660 Cal.	White Rice	640 Cal.	White Rice	590 Cal.
Brown Rice	590 Cal.	Brown Rice	550 Cal.	Brown Rice	620 Cal.	Brown Rice	590 Cal.	Brown Rice	550 Cal.
Lettuce	340 Cal.	Lettuce	300 Cal.	Lettuce	360 Cal.	Lettuce	340 Cal.	Lettuce	290 Cal.

† This item is prepared raw or undercooked. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness. \*Contains imitation crab.